Healing & Balance LLC
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Somatic Experiencing® Personal Session & Individual Consultation Agreement and Informed Consent

Scope of Service: Professional Education & Consultation

This agreement establishes the professional boundary for sessions provided to individuals enrolled in the Somatic Experiencing International (SEI) professional training curriculum.

The scope of services provided under this agreement are strictly non-clinical, educational, and consultative. Regardless of whether you reside inside or outside the State of Wisconsin, our relationship is strictly limited to an educator/student and consultant/consultee framework. The primary objective of these sessions is to fulfill SEI certificate tracking requirements via:

- **Personal Sessions:** Experiencing and tracking autonomic nervous system regulation within your own physiology to deepen your integration of the SE model.
- **Case Consultations:** Reviewing case material, clarifying SE principles, and tracking application skills for your professional growth. Case Consultations provide an opportunity to examine the application of SE skills but do not constitute formal clinical supervision required for professional licensure.

Exclusion of LCSW Clinical Scope

Christine Milovani's Wisconsin Licensed Clinical Social Worker (LCSW) license is completely separate from this educational work and will never be utilized, invoked, or active during these sessions, regardless of whether you are located in Wisconsin or out-of-state.

Because this is a strictly non-clinical framework, these sessions:

- Do not establish a traditional psychotherapist-client relationship under any circumstances.
- Do not involve clinical intake, mental health diagnostic coding (DSM-5), or psychiatric treatment planning.
- Are strictly ineligible for health insurance reimbursement or health savings account (HSA/FSA) medical funds, and no clinical insurance superbills will be issued.

Student Responsibility & Scope of Safety

As an adult professional and a student of Somatic Experiencing, you maintain full autonomy and responsibility for your own physical, emotional, and mental well-being during and after our sessions. You maintain ultimate clinical and legal responsibility for the care of your own clients.

Personal sessions naturally involve tracking somatic responses to stress or historical activation. However, these sessions are not a substitute for local, dedicated trauma therapy or psychiatric care. If at any point acute psychiatric distress or an unmanageable crisis arises, you agree that the session will be terminated and you will utilize licensed clinical mental health resources within your local jurisdiction.

Session Clarity, Fees and SEI Session Logs

- **Session Boundary:** In accordance with SEI guidelines, we will explicitly clarify and confirm at the beginning of each session whether the hour is dedicated to a Personal Session or a Case Consultation to ensure accurate credit for your SEI session log.

- **Standard Fees:** Standard sessions are billed at the current non-clinical hourly rate, payable at the time of session via the client portal.

- **Scholarship Fee:** In strict compliance with SEI requirements, students currently holding an official SEI training scholarship will be billed at $100 per hour.

- **SEI Session Logs & Provider Approval:** I am fully approved by SEI to provide both Personal Sessions and Individual Case Consultations at all training levels (Beginning, Intermediate, and Advanced). I am authorized to sign the official SEI tracking log sheets for students at any stage of their SE Professional Training.

- **Privacy:** Our work together is confidential in accordance with professional consulting and educational ethics. While this non-clinical relationship is confidential, exceptions to confidentiality include situations involving an imminent threat of harm to yourself or others, or suspected abuse/neglect of a child or vulnerable adult, as guided by ethical responsibilities.

Informed Consent & Signature

By signing below, I acknowledge that:

- I have read, understood, and agree to the boundaries outlined above.
- I take full responsibility for my mental, emotional and physical health.
- I confirm that I am entering into a strictly educational and consultative relationship for SEI personal sessions and/or individual consultation sessions.
- I understand that Christine Milovani's LCSW clinical license does not apply to this service, and these sessions do not involve clinical intake, mental health diagnostic coding, or psychiatric treatment planning.

THIS FORM WILL BE ELECTRONICALLY SIGNED IN THE CLIENT PORTAL FOR EACH SEI STUDENT WORKING WITH HEALING & BALANCE LLC.